Provider Burnout Panel: **Preserving Joy in Practice**



As we provide excellent patient care, innovative research and caring supportive services, the challenges and pressures we face can take an emotional toll on us leading to physical and/or mental exhaustion.

During May Mental Health Awareness Month, come hear from our own Texas Children's providers on their experiences with burn out and the tools that have helped them.



Join Mark Netoskie, MD, MBA, FAAP from Cigna as he discusses provider burnout with panelists from Texas Children's.

Panelists: Dr. Angela Gooden, Dr. Rachel Marek, Dr. Hayden Mbroh, Dr. Sapna Singh and Dr. Chelsea Tobin

Thursday May 29 at noon

Legacy 16 Taussig Auditorium and virtually via Teams

(maximum in-person 100 seats)

<u>Sign up to receive both the in-person and virtual invite at:</u> <u>Provider Burnout: Presenting Joy in Practice</u>

