

Know the Difference.

LESS	TIME & COST	MORE
<h3>TCH Employee Medical Clinic</h3>	<h3>Urgent Care Center</h3>	<h3>Emergency Room</h3>
<ul style="list-style-type: none"> • Schedule an in-person appointment with our TCH health care provider to treat and manage care for all health conditions. • Virtual Visits also available for all campuses. 	<ul style="list-style-type: none"> • For medical conditions that are non-life threatening that need prompt attention • Walk in appointments • Shorter wait times than ER • Open evenings and weekends 	<ul style="list-style-type: none"> • For immediate treatment of critical injuries or illness. • Open 24/7. • If a situation seems life threatening, call 911 or go to the nearest ER.
<ul style="list-style-type: none"> • General health issues • Preventive care • Routine checkup • Vaccines and screenings • Acute sickness • Colds and flu • Rashes • Sore throats • Pink eye • Ear pain • Fever • Allergies • Acne • Urinary tract infections (UTIs) • and more 	<ul style="list-style-type: none"> • Fever and flu symptoms • Minor cuts and injuries • Minor respiratory symptoms • Stomach pains 	<ul style="list-style-type: none"> • Sudden numbness, weakness • Severe injuries (broken bones) • Uncontrolled bleeding • Seizure or loss of consciousness • Shortness of breath • Chest pain • Head injury/major trauma • Blurry or loss of vision • Severe cuts or burns • Overdose
<ul style="list-style-type: none"> • \$10 office visit: In-person or Virtual • Cigna offers MD Live for reliable 24/7 healthcare by phone at 888-726-3171. All medical telehealth appointments for covered employees and dependents are at no cost to you. 	<ul style="list-style-type: none"> • Lower cost than emergency room (ER) • No appointment needed • Waiting times vary • Available most days of the week • Often have extended hours • In-person treatment 	<ul style="list-style-type: none"> • Available 24/7/365 • No appointment needed • Waiting times vary • In-person treatment
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Access [MyCigna.com](https://www.mycigna.com) or [MyCigna app](#) and select “Find Care” to find care near you.